

Ready to Check-In?
A Review of the NBCRNA CPC
2-Year Check-In

2018 NDANA Spring Educational Meeting
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April 20th, 2018

Disclosure Statement

- We have no financial relationships with any commercial interest related to the content of this activity.

Objectives

- Review the National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA) Continued Professional Certification (CPC) Program.
- Discuss the requirements of the CPC 2-year Check-In.
- Explore CPC related resources available through American Association of Nurse Anesthetists (AANA) and NBCRNA.

CPC Program Overview

**LIFELONG
LEARNING**

- **CPC Program =**
 - CPC = Continued Professional Certification
 - Formerly called "recertification"
- Program Officially Began on August 1st, 2016
- This program is the process of maintaining your certification during a defined period. Emphasis is on lifelong learning.

Overview Cont'd

Comparison of Recertification Processes

<p>Past:</p> <ul style="list-style-type: none"> • 2 year recertification period • 40 CE credits • Evidence of Continuing Practice • Cost: \$110 	<p>Current:</p> <ul style="list-style-type: none"> • 8 year recertification periods (two 4 year cycles) • 100 total CE credits • Core modules (4 modules per 4 year cycle) • CPC exam (required every 8 years.) • Evidence of Continuing Practice • Cost: \$110 (per 2 year check-in)
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Overview Cont'd

- **Components of CPC Program:**
 - Active RN/APRN License
 - Practice Requirement
 - Core Modules
 - Exam
 - Class A Credit Requirement
 - Class B Credit Requirement
 - **2-Year Check-in**

License and Practice

- Active State RN/APRN License
 - In all states of practice
- Practice Requirement
 - NBCRNA does not prescribe minimum practice hours
 - State boards of nursing and facility credentialing bodies determine those requirements and establish compliance at the state and/or institutional levels.
 - Example: North Dakota BON requires 400 hours nursing practice in preceding four years and 12 contact hours of CE within preceding two years.
 - APRN with prescriptive authority = 15 contact hours of CE during previous two years in pharmacotherapy related to scope of practice.
 - CRNAs should be aware of the practice requirements for each state where they hold licensure as they can differ.
 - Active anesthesia practice can be in clinical, education, research, or administration.

Core Modules

CPC REQUIREMENTS (EVERY 4 YEARS)

- Core Modules
 - These are educational programs that provide update of core knowledge fundamental to nurse anesthesia practice.
 - Cover 4 major topics:
 - Airway Management Techniques
 - Anesthesia Equipment and Technology
 - Applied Clinical Pharmacology
 - Physiology and Pathophysiology
 - Credits earned from core modules can be applied to Class A requirement.
 - Core modules are voluntary for the first 4-year cycle
 - Depending on when you last recertified in old program (2016-2020 or 2017-2021)

Core Modules Cont'd

- Core Module Providers/Costs
 - Providers continually being added to list. Most current list can be found here: <https://www.nbcna.com/continued-certification/vendors/core-module-providers>
 - Examples of Module Providers and Costs:
 - **AANA**
 - Cost depends on module (content and length); \$70-\$315. Cheaper if member. If all 4 modules are purchased at one time, can save up to 50%
 - Available through AANAlearn.com
 - **CRNA Today Core Modules**
 - Cost depends on module (content and length); \$75-\$150 per module.
 - **Inotrope**
 - Applied Clinical Pharmacology module: \$60

Class A Requirement

- **CPC REQUIREMENTS (EVERY 4 YEARS)**
- 60 Class A Requirement (Assessed CE)
- These activities are:
 - Prior-approved CE that are directly related to nurse anesthesia practice and the delivery of, or the improvement of, anesthesia care for patients.
 - Include an assessment of some type
 - Assessments can take many forms, such as multiple choice questions, simulation demonstrations, case studies, or self-assessment.
- Any Class A credits over the 60 required can be used to meet Class B requirements

Class B Requirement

- **CPC REQUIREMENTS (EVERY 4 YEARS)**
- 40 Class B Requirements (Professional Development)
 - These are activities that enhance knowledge of anesthesia practice, support patient safety, or foster understanding of the healthcare environment.
 - These are activities that do **NOT** require assessment, prior approval, or non-prior approval.
 - There are **MANY** activities that can be class B requirements. *(more on next slide)*
 - AGAIN: Once you reach your 60 Class A requirement, any additional Class A credits can be used to meet the Class B requirement.
 - No Class B credits can be used to meet Class A requirements.
 - No double dipping!!

Class B Requirements Cont'd

Examples of Class B Activities:

- | | |
|---|---|
| <ul style="list-style-type: none"> • Grand rounds • Morbidity and mortality conferences • Journal Club • Precepting students • Teaching • Infection prevention courses • Quality Improvement • Data collection • Mission Trips • Public education • Journal reviewing • Academic Course | <ul style="list-style-type: none"> • Presentations • Life Support Courses <i>(total 20 credits)</i> • Clinical Administrative (Chief CRNA, Subspecialty Leader, Clinical Coordinator) • Publication (Book, Chapter, Journal, Grant) – Author or Editor • Research or Practice Inquiry Project • Integration of new clinical practice technique • Service (National, State, Facility/Institution) – volunteer or elected • Class A CE Credits (after Class A requirements met) |
|---|---|

Should be anesthesia or healthcare related


"MY ACTIVITY IS NOT ON THE LIST" – contact NBCRNA at cpc@nbcna.com and ask about it.

Records Retention

- It is important to retain adequate evidence of your participation to substantiate your involvement in all Continuing Education activities.
- The AANA maintains a transcript of your Class A activities that are reported to them. They also give CRNAs the ability to track Class B activities and upload supporting documentation.
 - Transcript and tracking can be found on AANAlearn.com. This is a membership benefit.
- For non-AANA members, you are responsible for tracking your own Class A and Class B CE activities.
 - Every 4 years, Class A & B credits will be sent (email, fax, or application upload) to the NBCRNA.
 - Supporting documents for Class B credits will only be required in the event of an audit, which may occur up to one year after CRNA credential is renewed.

Records Retention Cont'd

- Records should be retained by each CRNA for 1 year beyond the end of the CPC period.
- If audited by the NBCRNA, individuals will be required to submit the documentation
- CRNA's are encouraged to maintain their own CE file should they need that information for other purposes (credentialing, licensure audits, liability insurance audits, etc.)



Class B Reporting Document

Activity Category: Non-Pract Approved and/or Non-Assessed CE

Description: CE's that have not been pre-approved and/or are not assessed may be reported as Class B. CE's being the description used as transfer reported or some form of meeting required CE's will qualify for Class B.

Other examples of reportable activities that are Pre-Approved or Assessed, could qualify for Class B credit include: Local Roundtable presentations, Long-Term Mentality & Morality (LMM) through study presentations, Global Case Studies & Document and/or Round Table.

A single CE offering using the description may be reported only once in a cycle. Reported credit for the same CE cannot be tallied.

Note: All minutes (7 clock hour = 1 CE) = 1 Class B credit.

Required/Recommended Audit Documentation and/or Information:

- Program provider
- Program notes
- Number of CE's or number of contact hours awarded
- Certificate of attendance or completion

Use the box below to document any of the above information. Save this document on your computer, then attach any additional pertinent items at the time of submission.

Name of CRNA: _____

AANA #: _____

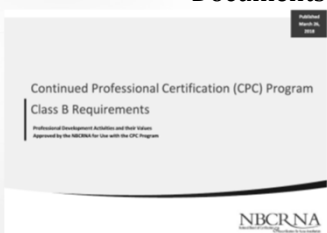
Signature of CRNA: _____

Date of Submission: _____

NBCRNA members only have access to the CPC Program and shall be held liable for any reporting discrepancies. Non-member users may not access the CPC Program and shall be held liable for any reporting discrepancies.

Links to reporting document(s) can be found within CPC Program Class B Requirements Table

Reporting Related Documents





Continued Professional Certification (CPC) Program

Class B Requirements

Professional Development Activities and Their Values Approved by the NBCRNA for Use with the CPC Program

NBCRNA

Link for table can be found here: <https://www.nbcna.com/continued-certification>

Teaching in the Clinical Setting	Any role that involves direct clinical supervision or teaching behaviors for learners of any level or type. As examples, this includes, but is not limited to, student nurse anesthetists, medical students, or registered nurses gaining airway management experience.	1 day = 1 credit	<ul style="list-style-type: none"> Date(s) of activity(s) Learner category (e.g., nurse anesthesia student, PA, medical student) Contact email for individual capable of verification (e.g., nurse anesthesia program administrator, chief nurse anesthetist) 	
Clinical Administrative	Clinical administrative role similar to a chief nurse anesthetist, student clinical coordinator, or subspecialty leader.	1 year = 5 credits	<ul style="list-style-type: none"> Contact email for employer or supervisor capable of verifying role and duration in role 	

AANA Members – How to Report Class B Credit

- You can submit a Class B credit through AANA Learn by:
 - Logging in at www.aanalearn.com
 - Click on the tab at the top of the page, "Class B Self Reporting"
 - On the left hand side of the page is a menu that says "Class B Learning"
 - There will be a link titled "Submit new learning"
 - Click on this link and follow the steps
 - Click "submit"

Exam

- CPC EXAMINATION**
 - Exam will be taken once every 8 year cycle.
 - First exam will be taken either in the 2020-2024 or 2021-2025 CPC cycle depending on your certification schedule.
 - During first 4 year cycle, the exam is *Performance Standard Assessment*.
 - Performance on the first exam will NOT affect your certification.
 - The exam will identify any weak areas in the four domain areas that are tested. Additional continuing education will be required in any area of weakness.
 - After 2032, NOT meeting the performance standard in FOUR attempts will have certification consequences.

Exam Cont'd

- **CPC EXAMINATION**
 - Will assess the following four core areas:
 - Airway Management (34%)
 - Applied Clinical Pharmacology (24%)
 - Physiology and Pathophysiology (24%)
 - Anesthesia Equipment and Technology (18%)
 - **CPC Exam Content Outline Available:** https://www.nbcna.com/docs/default-source/continued-certification/cpc-landing/sept_2015_cpc_exam_content_outline.pdf?sfvrsn=49783bc2_4
 - NBCRNA currently conducting CPC Exam Research Study
 - Will be looking at different types of testing environments and conditions to determine which would be fair to all certificants and still help to meet goals of CPC program.

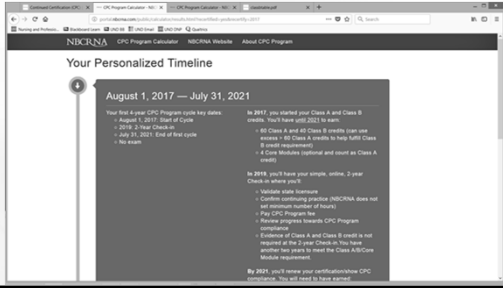
Exam Cont'd

- **CPC EXAMINATION**
 - **Ways to Prepare for the Exam:**
 - **Core Modules**
 - Modules are linked to content outline for CPC exam.
 - **Review Courses**
 - Multiple Vendors - Valley Anesthesia, APEX, Other Various Providers of CE
 - **CPC Practice Exam**
 - Can take practice exams to identify knowledge gaps while going through your CPC cycles. Also become familiar with question types.
 - Currently a 20-question sample (free) and 40-question interactive exam (\$30)
 - Can get two Class A credits.
 - **Exam Questions:**
 - 40 question exam has 10 questions from each of four domains.
 - 80 questions in test bank.
 - Get score report after each attempt
 - **# Attempts Allowed:** Unlimited up to one-year expiration; Three for CE credit.

2-Year Check-In

- If you recertified or initially certified in 2016, your next step in the CPC Program is the 2-year Check-in.
- Window opened April 3rd, 2018
- Recertified in 2016 or initially certified on or before July 31st, 2016
 - Deadline July 31st, 2018
- Initially certified on or after August 1st, 2016
 - Deadline is the month of your original certification
 - Example: If you initially certified on September 3rd, 2016 you will need to complete your 2-year Check-in by September 30th, 2018
 - Your check-in window will open three months before your 2-year Check-in deadline.

- CPC Program Calculator:
 - <https://www.nbcrna.com/continued-certification>
 - Click on CPC Program Calculator



2-Year Check-In Cont'd

- Online process – about 10 minutes to complete
 - Validate your state licensure
 - Confirm continuing practice
 - Update your contact information
 - Review your progress towards CPC Program compliance and make plans for the next two years
 - Pay the \$110 credentialing fee.
 - Use any internet browser EXCEPT Internet Explorer
- www.nbcrna.com
- While you are encouraged to earn CE credits throughout your 4-year CPC Program cycle, you are not required to have completed any for the 2-year Check-in.

2-Year Check-In Cont'd

- If You Miss Your CPC Check-In:
 - 31-60 days post deadline: *CPC fee (\$110) + \$35 late fee*
 - 61-90 days post deadline: *CPC fee (\$110) + \$75 late fee*
 - 91 days post deadline: *CPC fee (\$110) + \$110 late fee*
 - **Ineligible for future credential renewal until compliance re-established

For Students.....

- When do you enter the CPC program?
 - If your initial certification is in 2018, you will enter the CPC program in 2018
 - Upon graduation and passing the NCE refer to CPC program calculator to determine your personal timeline.

NOTE: CREDITS EARNED DURING A NURSE ANESTHESIA PROGRAM CAN'T BE APPLIED TO THE CPC PROGRAM.

CPC Related Tools and Resources

- AANA CPC Website:
<https://www.aana.com/ce-education/cpc-resources>
- NBCRNA CPC Website:
<https://www.nbcrna.com/continued-certification>
- NBCRNA CPC Class B Requirements Document:
https://www.nbcrna.com/docs/default-source/continued-certification/class-b-reporting/classbtable.pdf?sfvrsn=16a4e221_54

Thank You
Any questions??

